

# Love Knot Table Runner - Photo Journal of Heart Center

Designed by Tammy Harrison, BOMquilts.com

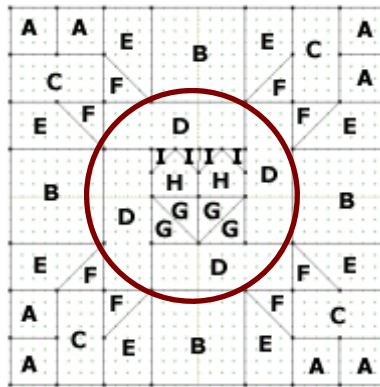
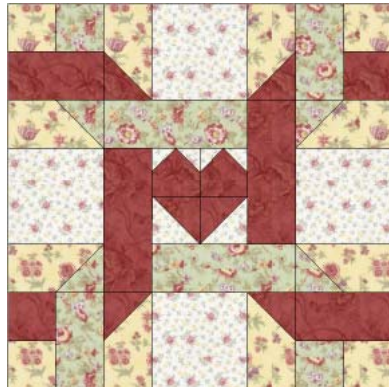
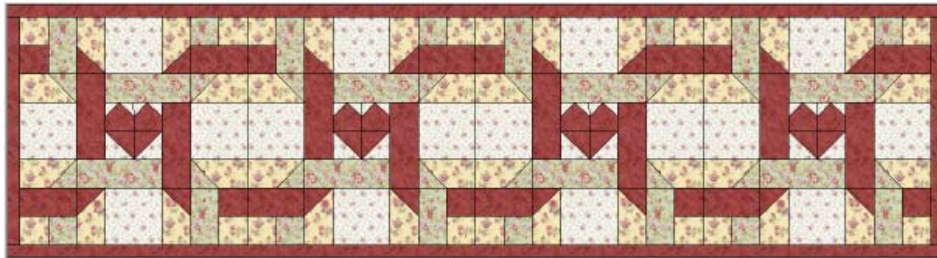
Finished Block Size = 9"

Unfinished Block Size = 9 1/2"

All Seams 1/4"

Make FOUR (4) Blocks

Table Runner is 36" x 10" finished



**NOTE:** When finished, the center heart will be 2 3/4" square unfinished ... 2 1/4" finished, once you sew it to the rest of the block.



#1 - Cut Fabrics According to Cutting Instructions



#2 - Draw diagonal line on the back of G-White fabric. Using a 1/4" seam allowance, sew on EACH side of the line you drew.



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**#3 -** Cut your square apart ON the line you drew. Then, open and press in the direction of the Red fabric. You will end with TWO (2) half-square triangles that should measure 1 5/8" square.



**#4 -** With the H-Red squares, sew the I-White squares to the corners, one corner at a time.



**#5 -** Once you've sewn the first corner on, cut the corner away 1/4" from your sewn line, then press open.



**#6 -** Repeat for the opposite corner of your heart.



**#7 -** Your completed center should look like this, ready to sew the two halves of the heart together.



**#8 -** Your finished heart for the center of the block should measure 2 3/4" square.

