

Love Knot Table Runner

Designed by Tammy Harrison, BOMquilts.com

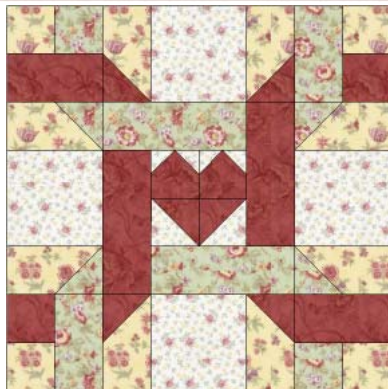
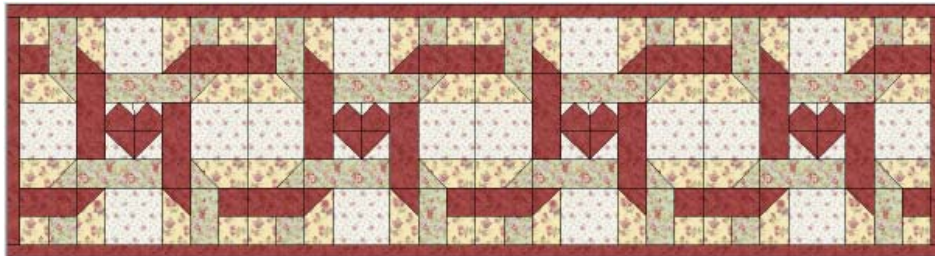
Finished Block Size = 9"

Unfinished Block Size = 9
1/2"

All Seams 1/4"

Make FOUR (4) Blocks

Table Runner is 36" x 10" finished



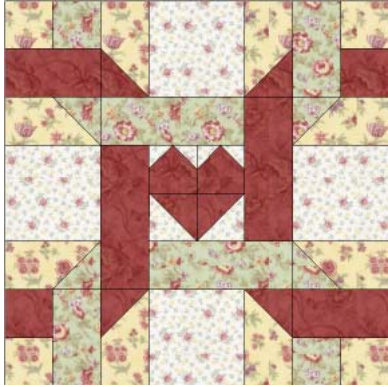
Cutting:

Number	Fabric	Cut
A	Yellow	Cut FOUR (4) 1 5/8 x 1 5/8" squares
A	Mint	Cut TWO (2) 1 5/8 x 1 5/8" squares
A	Red	Cut TWO (2) 1 5/8 x 1 5/8" squares
B	White	Cut FOUR (4) 2 3/4" squares
C	Red	Cut TWO (2) 1 5/8" x 2 3/4" strips
C	Mint	Cut TWO (2) 1 5/8" x 2 3/4" strips
D	Red	Cut TWO (2) 1 5/8" x 3 3/4" strips
D	Mint	Cut TWO (2) 1 5/8" x 3 3/4" strips
E	Yellow	Cut EIGHT (8) 1 5/8" x 2 3/4" strips
F	Red & Mint	Cut FOUR (4) 1 5/8" squares from EACH fabric color (Red & Mint) - draw a line diagonally, corner-to-corner on the backs of each square
G	Red & White	Cut ONE (1) 2" square from EACH fabric color (Red & White) - draw a line diagonally, corner-to-corner, on the back of the White square
H	Red	Cut TWO (2) 1 5/8" squares
I	White	Cut FOUR (4) 1 1/8" squares - draw a line diagonally, corner-to-corner on the backs of each square

NOTE: The center heart has been confusing to some and I erred in the instructions for the sizes to cut. Please read the cutting instructions carefully, and follow the pattern as best you can. When finished, the center heart will be 2 3/4" square unfinished ... 2 1/4" finished, once you sew it to the rest of the block.

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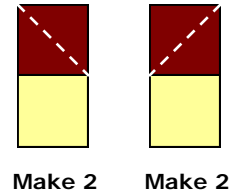
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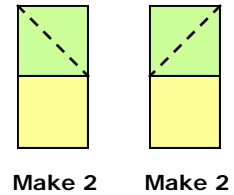
Finished Block Size = 9" :: Unfinished Block Size = 9 1/2" :: All Seams 1/4"
Make FOUR (4) Blocks

Piecing:

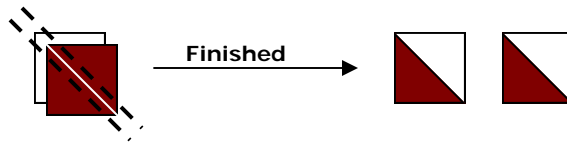
- 1) With right sides together, sew FOUR (4) of your F-Red squares to the E-Yellow strips on the diagonal line you drew. Once done, cut away the excess 1/4" away from the sewing line. Press toward the F-Red and then square up your finished strip so that it measures 1 5/8" x 2 3/4".



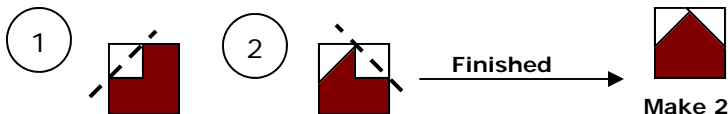
- 2) Repeat #1 above, this time with FOUR (4) F-Mint squares and the remaining E-Yellow strips.



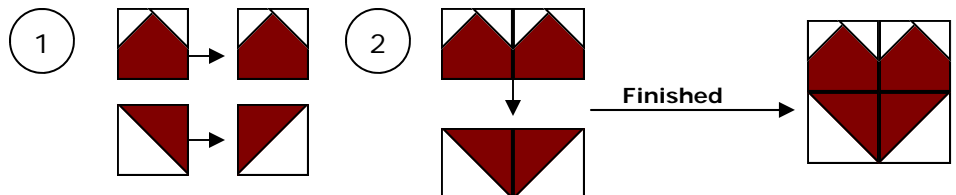
- 3) Now, let's build the heart center! With right sides together, sew the G-Red 2" square to the G-White square 1/4" on BOTH sides of the diagonal line you drew. Once done, press toward the F-Red fabric and cut apart ON the line you drew. Will end up with TWO (2) half-square triangles. You will then need to square up your pieces so that they measure 1 5/8" square.



- 4) With right sides together, sew the small I-White squares to the H-Red squares in TWO (2) of the corners, ON the line you drew. Once done, trim away the excess 1/4" from the seam and press in the least-bulky direction. You will then need to square up your pieces so that they measure 1 5/8" square.

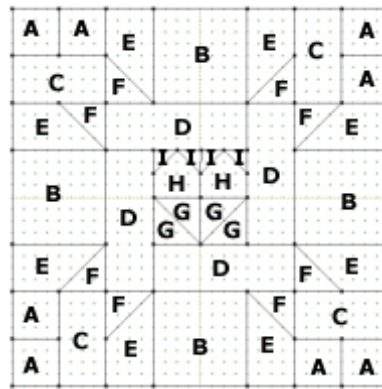
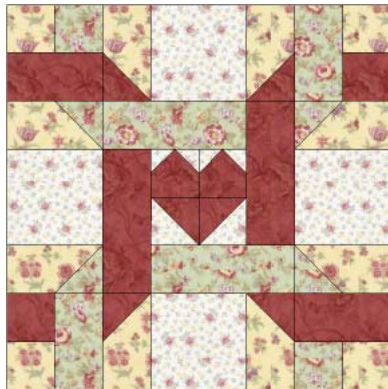


- 5) Now, sew your heart pieces together, pressing in the least-bulky direction (open, if possible):



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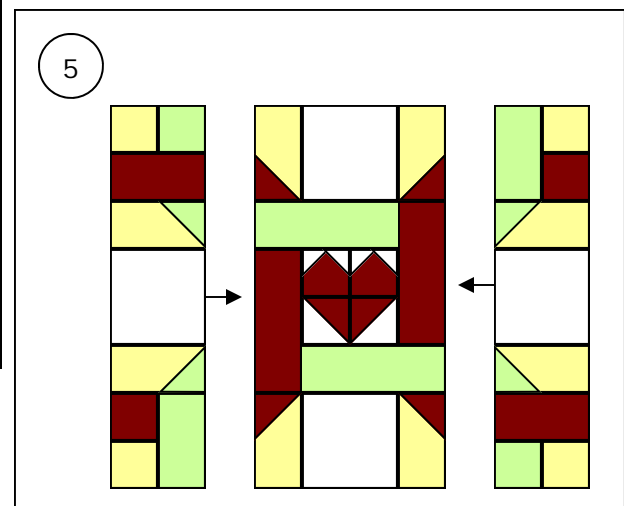
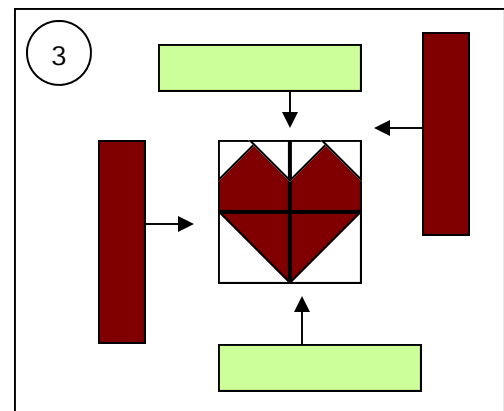
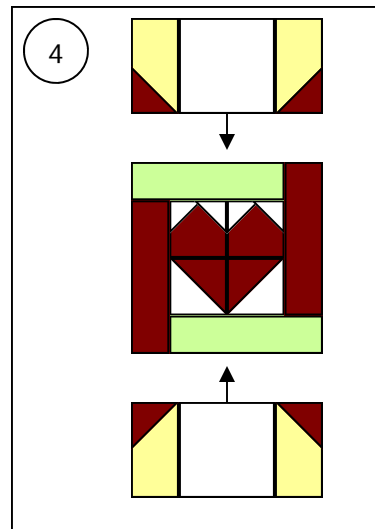
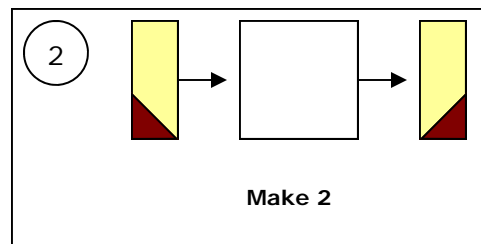
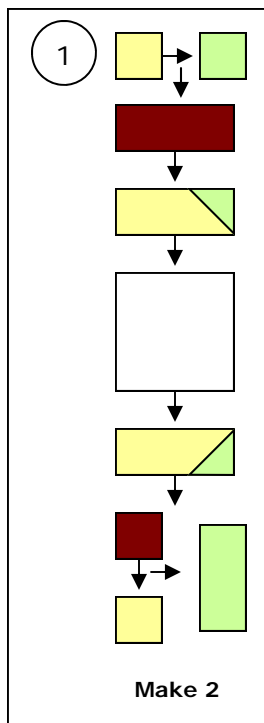
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Finished Block Size = 9" :: Unfinished Block Size = 9 1/2" :: All Seams 1/4"
Make FOUR (4) Blocks

Piecing (continued):

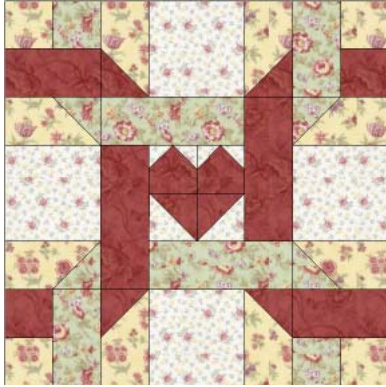
Continue piecing your block together, following the guides below. Always press to the darkest fabric or the fabric that will cause the least bulk in your block.



Remember! You need FOUR (4) blocks to make the Love Knot Table Runner!

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Finished Block Size = 9" :: Unfinished Block Size = 9 1/2" :: All Seams 1/4"
Make FOUR (4) Blocks

Piecing (continued):

Now, sew your FOUR (4) blocks together to complete your table runner top!

The border on the table runner is a 2" continuous pieced strip of the Red fabric. Create a quilt sandwich with batting and backing fabric and quilt. Once done, sew your border on with mitered corners and enjoy your "Love Knot"!

