



“Quilted Kitchen Quilt Sampler”

An Original Quilt Designed by TK Harrison from BOMquilts.com

Brought to you by BOMquilts.com and QuiltTherapy.com



“Quilted Kitchen” quilt blocks have been a mainstay of the QuiltTherapy.com blog for 2016. Each quilt block has some correlation to food and each block’s instruction posts also include a yummy recipe!

www.BOMquilts.com & www.QuiltTherapy.com

Finished Quilt = 53" x 67"

Finished Blocks for Quilt = 12"

Unfinished Blocks for Quilt = 12 1/2"

All block instructions can be found at QuiltTherapy.com’s [Quilted Kitchen](#)

All Seams a precise 1/4" ~ Press in the direction of the arrows.
Read ALL Instructions Before Beginning

These cutting instructions are for Finishing the “Quilted Kitchen Sampler” Quilt

Fabric	Cutting Instructions
Blue	Cut EIGHT (8) 2 1/2" x 12 1/2" strips (Sashing)
Blue	Cut TWO (2) 2 1/2" x 36 1/2" strips (Sashing)
Blue	Cut and piece TWO (2) 2 1/2" x 54 1/2" strips (left & right Border #1)
Blue	Cut and piece TWO (2) 2 1/2" x 40 1/2" strips (top & bottom Border #1)
Teal	Cut and piece TWO (2) 4 1/2" x 58 1/2" strips (left & right Border #2)
Teal	Cut and piece TWO (2) 4 1/2" x 52 1/2" strips (top & bottom Border #2)
Navy Blue	Cut and piece enough 2 1/2" x WOF strips for Binding



Finishing the “Quilted Kitchen Sampler” Quilt

- 1) Sew the vertical sashing between each row of blocks.
- 2) Sew the horizontal sashing to create the rows.
- 3) Sew the left & right Border #1 strips to the quilt.
- 4) Sew the top & bottom Border #1 strips to the quilt.
- 5) Sew the left & right Border #2 strips to the quilt.
- 6) Sew the top & bottom Border #2 strips to the quilt.
- 7) Quilt the quilt as desired.
- 8) Finish the quilt with the border.



Congratulations from BOMquilts.com & QuiltTherapy.com!