



## “Canyon Adventures”

2025 Block of the Month Quilt

An Original Quilt Design by TK Harrison—Owner of BOMquilts.com

Brought to you by BOMquilts.com & Abbi May’s Fabric Shop

[BOMquilts.com](http://BOMquilts.com)



### Tutorials



“Canyon Adventures” is a traditionally pieced block of the month (BOM) quilt using the Benartex Chalk Textures fabrics designed by Cherry Guidry from Abbi May’s Fabric Shop!

[BOMquilts.com](http://BOMquilts.com)

Finished quilt = 56” x 72”

Finished Blocks for Quilt = 14” Square

Unfinished Blocks for Quilt = 14 1/2” Square

[AbbiMays.com](http://AbbiMays.com)

All seams a scant 1/4”

Press in the direction of the arrows

**Read ALL Instructions Before Beginning**

There are NINE (9) different quilt blocks that make up the 2025 “Canyon Adventures” BOM quilt. They can get confusing if you aren’t used to sewing quilt blocks together.

The quilt blocks could have any variety of: Square in a Squares, Flying Geese, Four-Patch’s, Half-Square Triangles and/or Quarter-Square Triangles in them.

Some of them are very easy to sew together. While others are more difficult. Refer to this tutorial as often as necessary, to sew the quilt blocks together correctly.



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### Tutorials (cont.)

#### Flying Geese Tutorial

You’ll see on my instructions to either cut some squares one time or two times. Both of them diagonally, corner-to-corner. When piecing a Flying Geese for a quilt block, follow **Diagram #1** on the left first (sewing ONE (1), smaller triangle to a larger triangle). Then follow **Diagram #2** in the center (sewing the larger second smaller triangle to the newly created smaller triangle + the larger triangle). There’s an alternative way to sew Flying Geese together. It’s found on the next page..

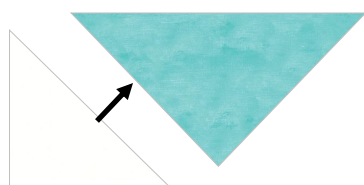


Diagram #1

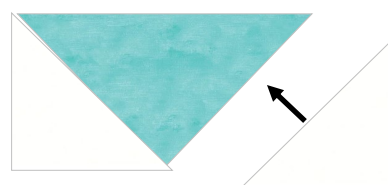


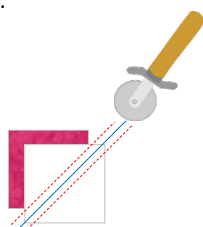
Diagram #2

**Quilt Note:** If you’re making a lot of quilt blocks, that has a lot of Flying Geese in it, sometimes is best if you press all of your Flying Geese seams open. This cuts down on the bulky seams in the center of the Flying Geese!



#### Half-Square Triangle (HST) Tutorial

Place the lighter fabric square on the darker square fabric (right sides together) and sew 1/4" on EACH SIDE of the line you drew (Figure #1). Then cut the Half-Square Triangles (HST’s) apart ON the line you drew. You’ll end up with TWO (2) Half-Square Triangles (Figure #2). Press toward the darkest fabric. Clip your corners (aka dog ears).



HST - Figure #1



HST Figure #2



**Quilt Note:** When making Half Square Triangles, try cutting your squares 1/4" or 1/2" larger than the pattern calls for, then trim them down to the exact size needed for your quilt block.



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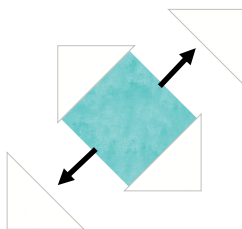
**BOMquilts.com**



### Tutorials (cont.)

#### Square in a Square Tutorial

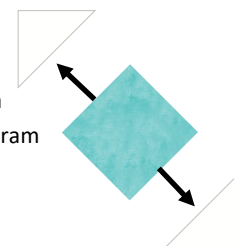
You'll see in my "Cutting Instructions" to cut some squares ONE (1) time diagonally, corner-to-corner. There will also be a larger square associated with it. When piecing a portion of a quilt block that calls for a Square in a Square follow the diagram on the right (**Figure #1**) first.



Then follow the next diagram (**Figure #2**) second.

Press in the direction of the arrows.

**Figure #2**



**Figure #1**



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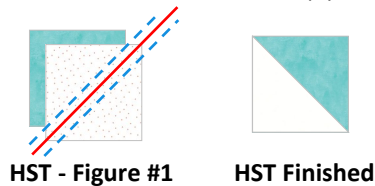
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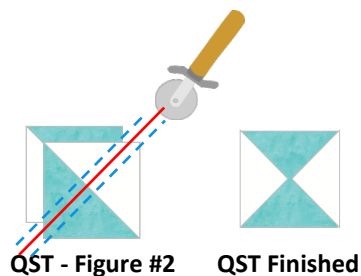
## Tutorials (cont.)

### Quarter-Square Triangle (QST) Tutorial

First make a Half-Square Triangle (HST). Place the lighter square on the darker square (right sides together) & sew 1/4" on EACH SIDE of the line you drew (shown in blue in [Figure #1](#) below). Then cut the Half-Square Triangles apart ON the line you drew (shown in red in [Figure #1](#) below). You'll end up with TWO (2) Half-Square Triangles. Press toward the darkest fabric. Clip your corners (aka dog ears).



On the back side of one of the HST's, draw a diagonal line, corner-to-corner ONE (1) time (shown in red in [Figure #2](#) below). Nestle the TWO (2) HST squares together (opposite colors nestled against opposite colors) & sew 1/4" on each side of the line you drew (shown in blue in [Figure #2](#) below). Cut them apart ON the line that you drew (shown in red in [Figure #2](#) below).



Once you've cut them apart, then on the back side, you want to swirl the center seam. This is done by popping open the first couple of stitches. This allows it to open & get the square to lay very flat (read: the seams will lay down better). Check out this short tutorial to see how to swirl a QST: <https://www.bonjourquilts.com/seamswirl/>. Then trim it down to the exact size that you need for the quilt blocks.