

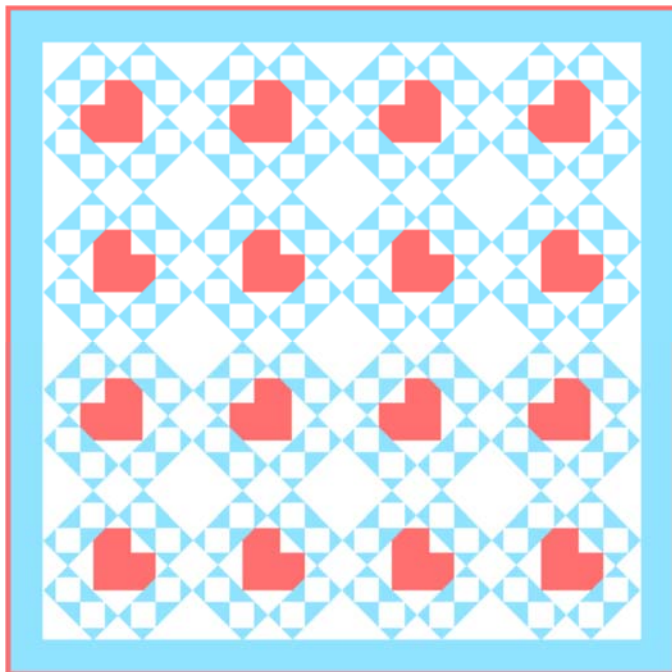
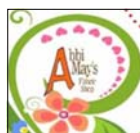


"Mary's Heart Lap Quilt"

An Original Quilt Design by TK Harrison—Owner of
BOMquilts.com!

Brought to you by BOMquilts.com &
Abbi May's fabric Shop!

BOMquilts.com



The "Mary's Heart Lap Quilt" is a traditionally pieced free pattern! It is made mostly with Square in a Squares & Flying Geese in it. Which makes it would be great for a confident beginning sewers & great for those who are more advanced!

<https://BOMquilts.com>

<https://AbbMays.com>

Finished Lap Quilt = 62" Square

Finished Blocks for Quilt = 14" Square

Unfinished Blocks for Quilt = 14 1/2" Square

All seams a scant 1/4"

Press in the direction of the arrows

Read ALL Instructions Before Beginning

Fabric Requirements

Lt. Blue	2 yards (Includes Border)
Pink or Red	1 yard (Includes Binding)
White	2 1/2 yards

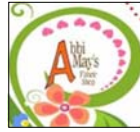


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“Mary’s Heart
Quilt Block”
Make SIXTEEN
(16)

Cutting Requirements for SIXTEEN (16) “Mary’s Heart Quilt Blocks”

Fabric Color	First Cut	Second Cut
Lt. Blue	Cut ONE-HUNDRED & TWENTY-EIGHT (128) 3 1/2” squares.	Then cut the squares diagonally, corner-to-corner, TWO (2) times. Will yield FOUR (4) triangles per square.
Pink or Red	Cut EIGHT (8) 5 1/2” squares.	Then cut the squares diagonally, corner-to-corner, ONE (1) time. Will yield TWO (2) triangles per square.
White	Cut THIRTY-TWO (32) 5 7/8” squares.	Then cut the squares diagonally, corner-to-corner, ONE (1) time. Will yield TWO (2) triangles per square.
White	Cut SIXTY-FOUR (64) 5 7/8” squares.	Then cut the squares diagonally, corner-to-corner, ONE (1) time. Will yield TWO (2) triangles per square.
White	Cut SIXTY-FOUR (64) 3 1/2” rectangles.	Then cut the squares diagonally, corner-to-corner, TWO (2) times. Will yield FOUR (4) triangles per square.
White	Cut ONE-HUNDRED & TWENTY-EIGHT (128) 2 7/8” squares.	N/A

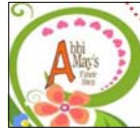
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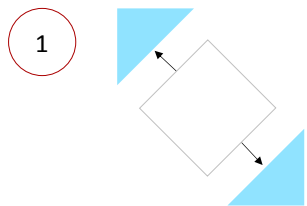
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"Mary's Heart Quilt Block" Instructions (cont.)

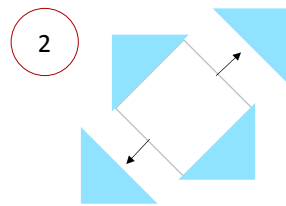
Press in the directions of the arrows!



"Mary's Heart
Quilt Block"
Make SIXTEEN
(16)



Make THIRTY-TWO
(32)



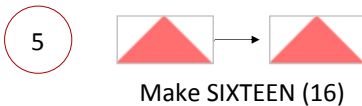
Make THIRTY-TWO
(32) Square in a
Squares



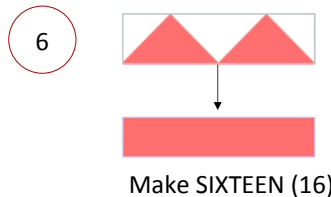
Make THIRTY-TWO
(32)



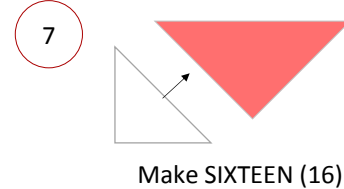
Make THIRTY-TWO
(32) Flying Geese



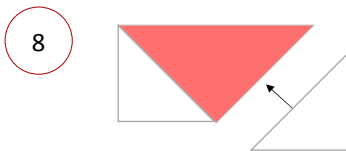
Make SIXTEEN (16)



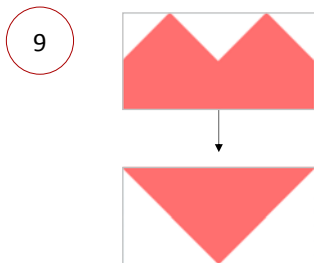
Make SIXTEEN (16)



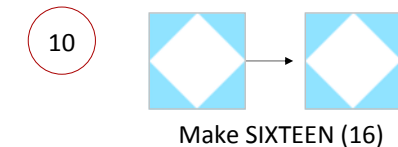
Make SIXTEEN (16)



Make SIXTEEN (16)
larger Flying Geese



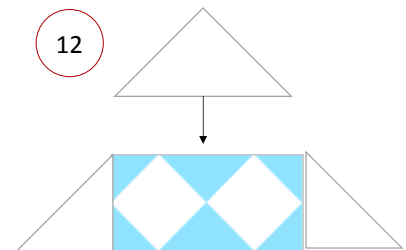
Make SIXTEEN (16)



Make SIXTEEN (16)



Make SIXTEEN (16)



Make SIXTEEN (16)

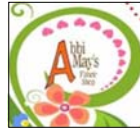
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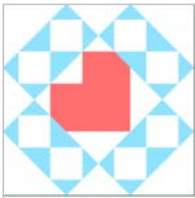


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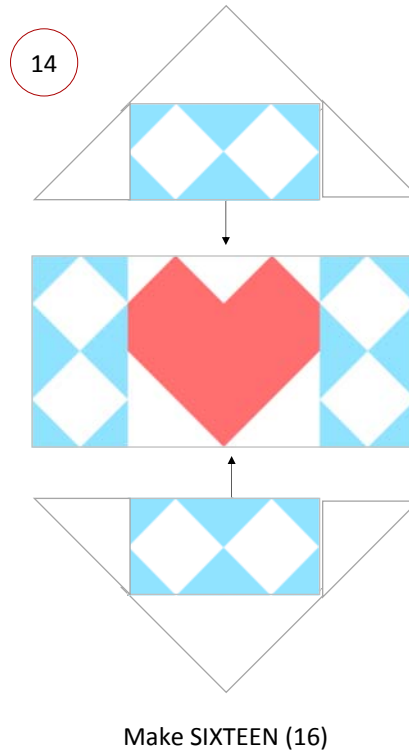
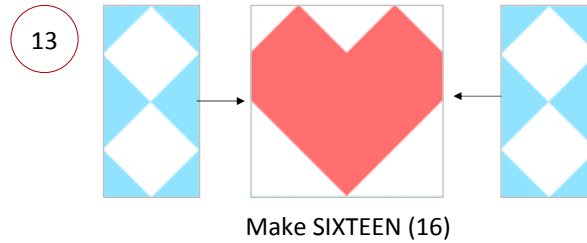


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“Mary’s Heart Quilt Block” Instructions (cont.) Press in the directions of the arrows!



“Mary’s Heart
Quilt Block”
Make SIXTEEN
(16)

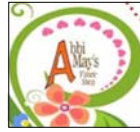




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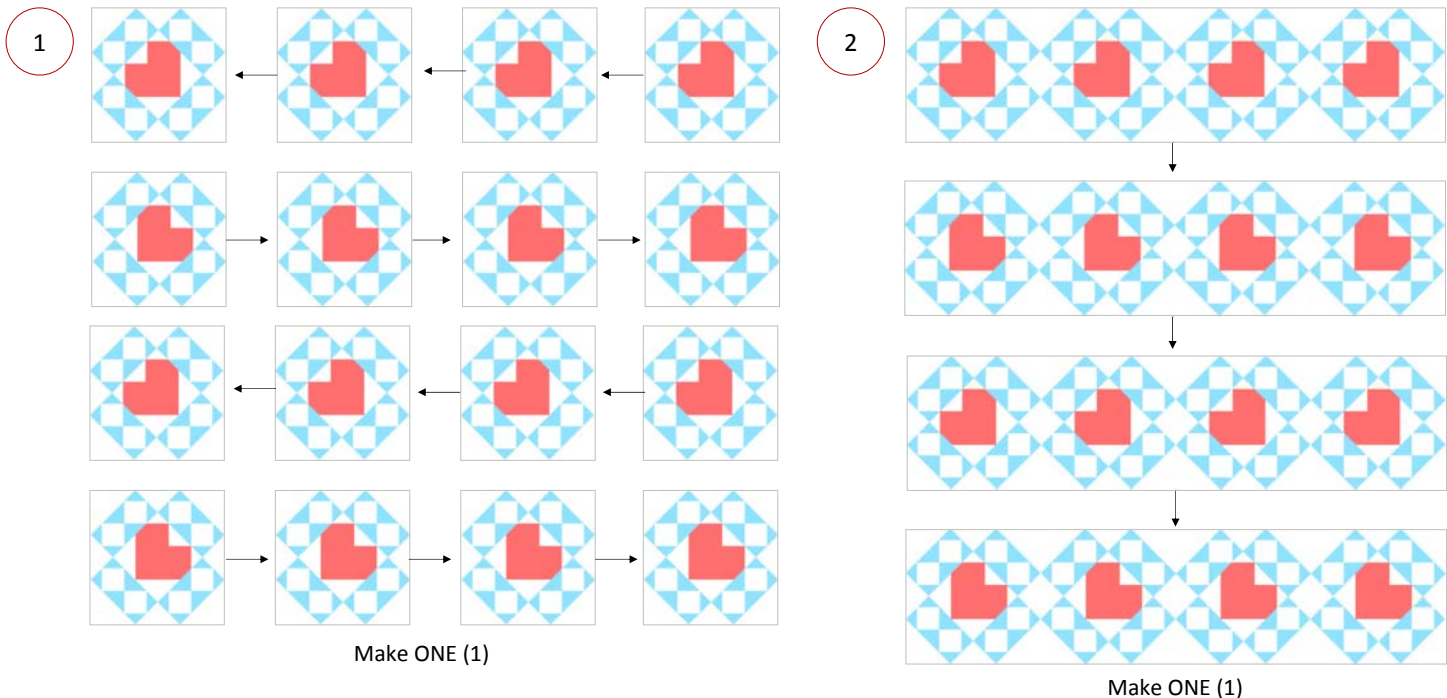
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Fabric Cuts for Finishing the "Winter Mary's Heart Lap Quilt"

Lt. Blue	Cut & piece TWO (2) 3 1/2" x 56 1/2" strips. (Left & Right Border)
Lt. Blue	Cut & piece TWO (2) 3 1/2" x 62 1/2" strips. (Top & Bottom Border)
Pink	Cut & piece TWO (2) 1/2" x WOF strips (Binding)

Finishing Instructions:

- 1) Sew the newly created "Mary's Heart Quilt Blocks" together starting with the center quilt blocks.
- 2) Sew the newly created rows to each other starting with the TWO (2) center rows.
- 3) Sew the Left & Right Borders to the newly created "Mary's Heart Lap Quilt."
- 4) Sew the Top & Bottom Borders to the your Binding!



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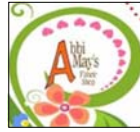


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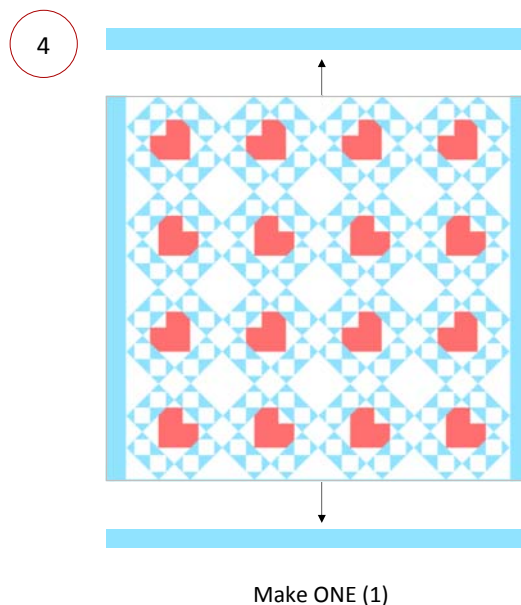
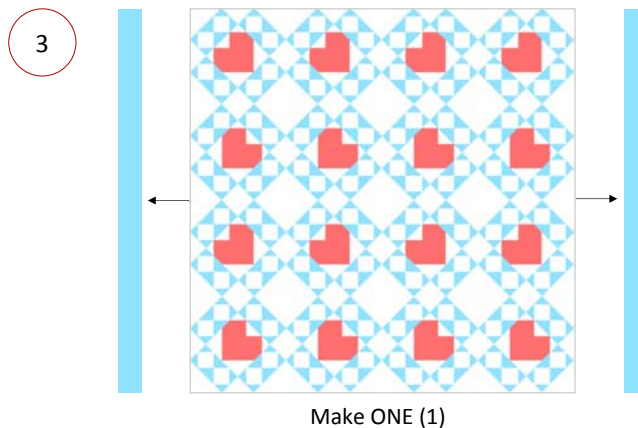
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Finishing Instructions:

- 1) Sew the newly created “Mary’s Heart Quilt Blocks” together starting with the center quilt blocks.
- 2) Sew the newly created rows to each other starting with the TWO (2) center rows.
- 3) Sew the Left & Right Borders to the newly created “Mary’s Heart Lap Quilt.”
- 4) Sew the Top & Bottom Borders to the newly created “Mary’s Heart Lap Quilt.”
- 5) Quilt as desired & then sew on the Binding!



**We all have a bit of Mary’s heart
within us! It’s just a matter of
taking the time to find it!**

This pattern explains how to
make ONE (1) “Mary’s Heart Lap
Quilt.” It can be made smaller (for
a table topper) or larger (for a
bed quilt).

Just decrease or increase the
number of “Mary’s Heart Quilt
Blocks” to reach the desired size
of the finished project!

Congrats!

Now that “Mary’s Heart Lap Quilt”
is sewn together, it’s time to quilt as
desired & then sew on the binding!

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